February 18, 1972

Castro Valley High School

Page 1



and Jennifer rew Toriegn student.

Three Foreign Students Enjoy Castro Valley

Castro Valley has three new foreign students from Chile, Brazil and Guatamala.

Evelyna Pino, a senior, from Arica, Chile, is staying in the United States for six months with Genny Hansen her big sister. It took some getting use to the American food but now, "I'll eat anything!" exclaimed Evelyna. There are no big differences between the two countries, but she is finding new pastimes which she enjoys such as skating. The schools are pretty much the same, but courses such as typing are new. Evelyna says she does enjoy the smell of the rain in California.

Maria Inez Raes and Evelyna are both on a program, Youth for Understanding. Maria Ines from Brazil, is a junior staying for the semester with Laurie Kent. After being here only a couple of weeks, Maria comments, "I like it; it's so new, different and what I expected it to be like." Her school in Brazil is Catholic and all they wear are uniforms. Maria, not being here very long, has not seen many new places but would like to travel to Disneyland.

Senior Jennifer Rienhardt is not a foriegn exchange student or on the program, Youths for Understanding, but a new student from the islands of Guatamala. Two months ago, she and her family moved here to the United States and plan to make California their new home.

Students Favor Grading System

Our present grading system and the three day weekend was prefered over the Pass/Fail system and the days traditionally recognized as holidays, according to the results in a recent Achaean Opinion Poll.

Results of the Opinion Poll involving 100 students are as follows:

Eighty percent of the students favored celebrating a National Holiday on the Monday/Friday system instead of the actual day of recognition. Their reasons were mainly a preference to a three day weekend instead of a split week. The other 20% felt, "You shouldn't change the actual day of celebration to make it more convenient for us."

Seventy-five percent of the students voted in favor of our present grading system over the Pass/Fail system. Their reasons included, "Not enough incentive," and "Students deserve more recognition." The 25% who were in favor of the Pass/Fail system stated, "Many students are restricted by our present system and they would most likely prosper with the Pass/Fail system."

Another comment CVHS students made concerning their school was, "Student government is a farcue"



Miss Friedenbach announces engagement.

Fiancé Brings Joy To Living

"He hates the name Alfred, and so do I, so everyone calls him 'Al'," commented Miss Friedenbach when asked about her recent engagement to Alfred James Paolucci. "He is 42, and a space engineer, besides being terribly Italian and a lot of fun!"

After their marriage on March 26 in Menlo Park, the newlyweds will honey-moon for a week in Mexico, and later will spend the summer in Europe exploring and learning how others live.

What is the best part about being engaged? The social studies teacher replied: "It's so nice to have someone you call "yours" and in turn to belong. "I fell so much more like myself, so much more complete and happy all over."

During this past Christmas, she gave her fiance a poster that says it better: "You came into my live and loved me, and somehow I became me."

Teachers Devise Educational Goals

A deadly silence, then the doors swing open and the courtyard is filled with students. It is 2:00, the first Tuesday of the month, and these students are ecstatic. The cause? They have been allowed to escape an hour and ten minutes early so the teachers can attend a Behavioral Objectives meeting.

The purpose of these meetings, according to Mr. Bergetholdt, businesseducation teacher, is to establish educational goals and objectives for their classes. Eventually the teachers will have to devise lesson plans for an entire school year.

The lesson plans will be sent to the state where a board under the Superintendent of Public Instruction will equate them with the amount of money the state gives to the school district.

" I think this is good in that for the first time we have to pin down what needs to be done in each class " stated Mr. Bergetholdt.

Not all students are as enthusiastic as Mr. Bergetholdt though.Mr. Ed Sunnergren, physics, slide rule, and general science teacher, expressed "deep concern that the teachers will be locked into the objectives they are now forming. "He also said, "Evaluative tests might be created and this will lead to teaching to the tests."



Class Officer Elections Held; Results In

Class election results are as follows:

SENIORS: Mike O'Connell, vice-president; Gina
Gold, secretary. At press
time, run-offs were being
held between Lisa Haubrock
and Jeff Wood for president; and between Helen
Chicou and Mick Garnier for
treasurer.

JUNIORS: Mitch Wright, president; Pat Davis, vice-president; Pam Doerr, secretary; Linda McHugh, treasurer.

SOPHOMORES: Lynn Gillett, president; Joann Valente, vice- president; Laura Gomes, treasurer. A run-off was being held between Gail Moore and Lori Smith for secretary.

FRESHMEN: Heidi Far mer; secretary. At press
time, run-offs were being
held between Kathy Anderson
and Phil Arzino for president, between Jeff Ingraca
and Harold Laday for vicepresident, and between Cindy Crawford and Paula Brown
for treasurer.

Editorial

"Grab All The Gusto"



CVWakesUp To Voting

Now that the 26th Amendment to the U. S. Constitution has been passed, some of Castro Valley High's 18-year olds have opened their eyes.

Not only have the seniors realized that this is their big year to take part in national government but juniors are waiting to take advantage of their privilege.

Senior Karelle Enochson was asked why she would take advantage of her voting privilege, and said, "I like the feeling of having a part in what happens in history."

Perhaps Senior Ron Jones has taken a more realistic view of the topic as he explained," as he explained, "More than likely, I will vote, but if I don't, I can't complain about the way our govern-

ment is being run."

Persons, on their 18th birthday, can register to vote, but there are certain rules and regulations to abide by. The easiest place to go to register is the Castro Valley Fire Station at Pedwood Poad and Heyer Avenue between the hours designated by the station.

As a recent T.V. commercial puts it, "Grab all the Gusto you can in life, for you've only one life to live!" (The commercial wants you to drink all of their great beer of course.)

The implication is for you to taste all different aspects of life and ways of enjoying life. This doesn't mean finding gusto in a bottle of whiskey or some other artificial stimulant.

"Experiencing" is the drink referred to. Take snow skiing, for instance. If you have never had a pair of long wooden feet on and a friend invites you to the snow on some winter weekend, you might possibly hesitate and say to yourself, "Someone might see me fall down!" But what have you to lose? Maybe a leg, but after all you can lose a lot more on the freeway.

If a new experience is within reach, grab it within reach, like a snow trip, grab it. Hesitating may stop you temporarily from graduating up the steps to becoming a wise and knowledgeable person.

A job can also be a valuable experience and usually is whether you are aware of it or not.

Unfortunately, a job can be a complete bore, like cleaning the local beauty salon every afternoon with a trusty broom in hand. Look closely at that job. It can

LETTERS TO THE EDITOR

Do you have any comments, opinions or questions that you would like to express? If so, place them in the Achaean Box in the Main Office or the Editor's box in H-8.

be teaching the fundamentals of work which are unquestionably helpful in your years to come.

So drink of all the adventure you can in life and fill your stomach with experience.

-Ed Wortham
Editor-in-chief

Gems And Rocks To Be Displayed In Spartan Gym

A spectrum of garnets, opals, rubies, sapphires, emeralds and jade are some of the gems to be on display at the Mineral and Gem Show at Castro Valley High School.

The Mineral and Gem Show entitled "Showcase Magic" is to be sponsored by the Mineral and Gem Society of Castro Valley.

The display is to be presented Saturday, March 4 from 10-9 and Sunday, March 5 from 10-6 in the gym.

The admission fee is 50 cents for adults and 25 cents for children. Children under 12 will be admitted free when accompanied by an adult.

Mr. McFate and Mr. Korstad two teachers at C.V.H.S. and past presidents of the Mineral and Gem Society will both be participating in the display.

Upon asking Mr. Korstad if he thought that rock collecting was still a very popular hobby he said,"It is still the second largest hobby in the United States.



MR. ALTMAN, CV Mad Scientist, hard at work.

Spartan Spotlight Mad Scientist Rarely Wins

All is quiet in B-hall. Classes are silently in session. Occasionally the sound of a teacher's voice pierces the stillness.

Then suddenly, black smoke spews out from B-1. Mr. Altman's chemistry class is in session.

The Achaean

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"I've got a great bunch of students this vear," commented Mr. Altman, as he reclined in his chair with the morning sun streaming into his Intermediate Math class.

His hobbies include bosting, snow skiing, camping, hiking, and canoeing. On a clear Sunday, one can spot him, if he's lucky, skimming along the waves happily at the end of the pack in a sailboat race on the bay.

"I very rarely win," he smiled. "I just do it for fun. Last vear I won a race in Tahoe. Once though I sailed under the Golden Cate Bridge by mistake and had a tough time getting back in."

Mr. Altman hones to sail to the Hawaiian Islands with his wife, and nossibly down the California coast to Baja.

Conner's Corner Remember Your 10¢

The Man makes another appearance—this time, sly-ly enough to catch an inexperienced youth in his first battle. But the seasoned veterans are too clever. They know the ways of The Man.

A bell rings in the distance, signalling a cease-fire. But it will last only 23 hours. Remember to bring 10 cents.

The courtyard is a deserted arena. White spots decorate the otherwise drab surroundings. A white projectile floats through the sky in a parabolic arch to splatter at the feet of a startled group of spectators, their legs and feet now soggy with cold, curdling liquid. Screams of of and cackles horror laughter are heard simultaneously.

A furtive whisper is followed by a sudden si-The Man sneaks about slyly, his very presence instilling fear even among the most courageous of young warriors. conceal their weapons, keeping a cautious eye on The Man, known by all and befriended by none. eventually retreats to his den, only to return later in another attempt to capture the fiends.

His departure is the signal. White boxes emerge seemingly from nowhere. Small crowds gather, waiting sadistically to witness the slaughter. There goes one...and another....two more...and suddenly a barrage of insidious - looking missiles dart and splash across a vast expanse of cement.

Students Don't Have Any Say

How can students take advantage of student govern ment? "By being represented and taking advantage of their representations," was the reply of Patty Kaitz, CV's newly elected Student Body President, during an interview with the Achaean.

Q. WHAT DO YOU SEE AS YOUR JOB AS PRESIDENT?

Patti: A lot of work. But my job is ineffective unless I have the students less I have the students' support. Basically, I head Executive Council and help make major decisions. I am going to try to carry out programs that are interesting to the entire student body and ease some of the red tape with administrated tape with administration.

Q. DO YOU HAVE ANY GOALS AND HOW ARE YOU GOING TO ACCOMPLISH THEM?

Patti: Try to answer the students' problems. Apathy needs to be eliminated but no one can do that but the students. I'd like start che Student Interest Program again and classes more relevant to today. Students aren't consulted on programming decisions and they should have a say. Student involvement is important and that can be done through the new committees. But we need working committees.

Q. WHAT NEW COMMITTEES ARE YOU FORMING? WHY?

Patti: One is "Alternative Patti: One is "Alternatives in Education", which will plan exchange days with other schools. The purpose is to see how their student government works and get



PATTY KAITZ

new ideas. "Fundraising" will work on getting money for the new student handbook, scholarships, etc. Another is "Student Problems", a committee that will circulate surveys and find out what the students aren't clear on, i.e. smoking rules. Then they will work on getting out the an-The old "Students Opportunities" committee has been changed to committees. One is "Inter-Communications", school which will publicize the things going on in the C.V. area. The other is "Community Relations", which will publicize things going on off campus. Also, we have a "Constitutional Revisions" committee.

Q. ANY APPOINTMENTS SO FAR?

Patti: "Alternatives in Education" is lead by Gina Gold. "Inter-School Communications" and "Community Relations" are cochaired by Lori Rickey and Stan Narou. Laura Garcia is in charge of "School Problems" and the Scholarship Committee Representative is Kate Palmer.

Q. IS THERE ANY POWER IN STUDENT GOVERNMENT?

Patti: First thing you need is student interest and involvement. There is no power when students are not together. We don't have any real say. We're represented on committees, but people who are the representatives aren't very active.

Q. HOW CAN STUDENT GOV-ERNMENT BE USED TO THE STUDENTS! ADVANTAGE?

Patti: By being represented and taking advantage of their representation. They have to try and push their ideas. A lot of times they complain that nothing can be done, but when you get right down to it, they haven't really tried.

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The Plight Of Being Green

Exploring the problem of discrimination in our modern society, this reporter questioned some CVHS students on "How would you feel if everyone in the world was green, but you?" CAROL TSURUMOTO: "I'd move to Mars. At least everybody is supposed to be green there."

RON JONES: "I'd be pretty proud of the fact that I was a marked individual and I'd make a fortune."

JEAN NEUDORFER: "Make myself get jealous."

STEPHANIE RASMUSS: "Buy some Rit dye and change myself." DE DE TIFFANY: "White is beautiful."

JUDY COHEN: "Turn Irish."

JUNE VOIGHT: "Make friends
with them."

IAURA FORDYCE: "It's not what I would do, but what they would do."

PMTE KURY: "I'd like being different from all the other people."

MR. VAUGHAN: "For everybody that's alive there are times when the world does seem green and they're on the outside. The answer seems to be able to face the greeness and understand where you're at."

KATHY THOMAS: "Stand up for my rights."

JANET SCHANTZ: "It would depend on what they thought of me."

NANCY STEINHAUS: "I'd say take me to your leader." NORA CHERUBINI: "I would

paint myself green or else I'd kill myself."

I'd kill myselt."

ANGIE SURACI: "I wouldn't change. I'd still be me: Angie."

TERRIE LOUIE: "I'd just be different."



Stage Band Rates Superior At Cal

Superior ratings and a gold medal are a few of the souvenirs Castro Valley High School's Stage Band brought back from the California Music Educators Jazz Festival February 5.

Stage Band members, directed by Mr. Elliott Charnow, unanimously rated superior on theri overall performance by three judges. They also rated an excellent on sight reading. (This is where the band is given music they have never seen before and are judged on their ability to play the music on sight.)

Their program consisted of "Impetus", "Concert Score", and "Midnight Cowboy Suite".

Their 22 minute performance included solo spots by Debbie Carter, saxophone; Gary Bisagno, tenor saxophone; David McKaig, trombone; Jim Moran, trumpet; Bob Monsen, guitar; and Craig Klooster, drums. A vocal solo, performed by senior Pat Johnson, accompanied the Stage Band as they played "Midnight Cow-

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boy Suite". The song she sang was "Everybody's Talk-ing At Me".

While on the U.C. Berkeley Campus, the Stage Band performed in the Heller Lounge in the student Union Building. Here, they were rated on their performance before moving to another spot to be judged on sight reading.

Stage Band members are Earl Athey, Ed August, Gary Bisagno, Shelley Bisagno, Corey Bovyer, David Burton, Debbie Carter, Diane Cooper, Bob Costa, Craig Klooster, Curt Klooster, Gary Krogstad. Jeff Lateer . McKaig. Dick Meadows, Bob Monsen. Jim Moran. Mueller, Rob Munns, Brett Dave Rowley. Mark Oxman. Sizemore, Juri Stratford. Laurel Thomason, Jay Vallortigara, and Jeff Wood.

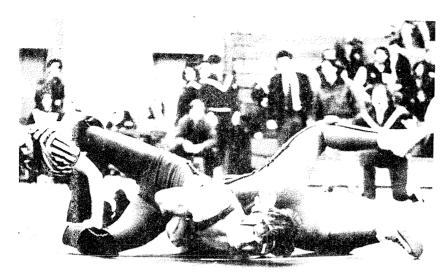
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Kon Jones punishes an Arroyo Don for a win

MatmenLookToNCS

The C.V.H.S. Wrestling team, the hottest thing since Mrs. O'Leary's cow kicked over the lantern, are primed and ready for the upcoming North Coast Division One Championship, to be held at Newark High School, on the 19th of this month, at 10 a.m., sporting an excellent 9-1 record.

Coming off the heart-breaking but, in some ways, encouraging loss for the league duel meet title with the Tennyson Lancers, the mighty Spartans seem to be sufficiently riled up to have the inside lane for the NCS's top spot. Tom Waldemer, a dedicated junior, Ron Jones, a muscular senior, and Bob Lenhares, a nimble-footed sophomore, all came through in superb fashion in the big match, gaining decisions over their dumb-founded opponents and made themselves the men to beat in their own weight classes.

Experience will play a big part if the spartans are to gain the flag. Steve Thomsen is a four-year lettermen while Mark Kidd has three years of varsity experience under his belt. Nick Marquart, a senior like the other two men, also plays an important part in the smooth-moving wrestling machine. C.V., however had many young competitors on the squad and these young men will have to score if the Spartans are to keep rolling.

If the veterans on the team can perform up to their capabilities and the rookies can pull a few upsets, this reporter believes that Coach Larry Wilburn's warriors of the mat could bring the wrestling crown back to good old Castro Valley.

Senior Spartans Supply Needed Bench Strength

A major force in the Spartan's basketball success this year has been the inspiration given by senior substitutes Mike Rocks, Dave Sudmeier, and Bill Matthews, according to Spartan announcer Ed Conner.

Rocks, a fine leaper, was somewhat of a hero in the Sunset game, hitting a jumpshot at the halftime buzzer to give C.V. momentum going into the locker room. When queried about a future coaching job, Mike replied, "I'm not sure I could pull all the strings."

After a year's inactivity, Matthews has made an
outstanding contribution to
the Green Machine. Standing 6'4", he has fine rebounding ability, and is
constantly attempting to
improve himself. Bill
plans to play roundball in
college, hopefully as a
guard.

These Spartans will be in action tonight at Arro-vo. Tipoff is at 7:30.

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Vaulters, Jumpers Lead CV SpikersTitle Hopes

"The strongest events in depth this year should be the pole vault, distance running, long jump, and the triple jump," said Spartan track coach Norman Guest.

When asked about this year's tracksters compared to track teams in the past, the coach replied," The overall stength isn't as good as it has been in the vears because there are not as many topflight individuals."

There are no school record holders returning this season, although pole vaulter Bill Andrews and half miler Tim Rose are likely to compete in the State Meet.

Contenders for duel and league titles should be Mt. Eden, Hayward, and Castro Valley; The first track meet will be against Hayward at Hayward high on March 3.

Golfers, Get It On! Support the 1972 CVHS GOIF Team, 1971 HAAL Champions

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Soccer Team Ends Successful Season

Looking back at a very successful season of 12 wins and no losses, Castro Valley's soccer team can look back with pride.

team will soon be voting on the most valuable players but according Coach Holmstrom," In my opinion they're all the most valuable players. If I had to choose though, I'd say and Barry Chris Glass Brusha for defense and Dave Farahi, Mike Koury Bruce Raymond, for offense. They have scored more goals individually than all the goals scored against CV."

In memoriam to:

CVHS Cagers Provide Sensation.Excitement

Where can you experience action-packed susblood-chilling thrills, and spine-tingling displays of talent all at one place? The answer is no further than the CVHS gym, the home arena of the 71-72 varsity basketball squad.

This year, the Spartans have played best games on their home grounds. Against Moreau, Spartan fans were dancing in the aisles as Al Oppenheim sunk two charity tosses to sew up a narrow In the victory. the cagers tournament rallied from a 14 point deficit to send leagueleading Hayward into over-Wven obscure forward Lee Vail got into the last-minute act by pumping home a well-timed jumper to defeat Mt. Eden at the buzzer.

- SHELITON -

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