

THE ACHAEAN

WE ARE BORN TO SEEK THE TRUTH

Vol. 15, No. 16

Castro Valley High School, Castro Valley, California

Friday, June 9, 1972



STEVE THOMSEN and Maryann Starika display their award winning bodies.



HEIDI WIEGAR mysteriously appears.



SAMMY FURR CV's mystery boy.



SANDY WHEELER and Mike Peters sample the finer cuisine in the cafe.

Spartigras Is Cancelled By Council

The 1972 Spartigras has been cancelled by Administrative Council. The vote was unanimous.

When the cast arrived at the rehearsal on May 21, they were greeted by co-directors Jeff Wood and Rick Becker, who gave them the bad news. "Most of the cast members took the attitude 'It figures', and proceeded to leave, their dreams of stardom forgotten. Only the writers and directors (who put much time into the project) seemed to care," said writer Ed Conner.

When asked about the reasons for cancellation, Administrative Council member Mr. Williams (dean of boys) said, "We felt the script was totally unacceptable in its present form, and there wasn't sufficient time to prepare an acceptable script. It just wasn't right for a conservative community such as this one."

Certain cast members wondered why Mr. Williams approved the script after censoring. However, the dean said that he and the dean of girls "merely read it for acceptable words, not for content."

"The script was hastily prepared, and definitely should have been edited before being

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Best of '72 Revealed In Poll

Senioritis, the disease plaguing the 1972 graduates, may be one main factor of many causing the low turnout of voters in the recent Senior Poll. Out of the class of '72, approximately 15% of the class voted, causing an epidemic state of Senioritis to be declared.

Although the following selections may not reflect the feelings of the entire Senior Class, those who managed to find the time to cast their ballots have chosen the following graduates as the "Senior Bests."

Most Attractive: Terri Spindola.

Most Handsome: Mark Kidd

Best Figure: Maryann Starika
Best Build: Steve Thomsen
Prettiest Eyes: Cathy Kolda, John Steinbuch

Most Athletic: Kerri Corley, Steve Thomsen

Cutest Smiles: Vicki Britt, Doug Wayne

Best Cowgirl: Melissa Fowler.

Best Cowboy: Kevin McBurney

Prettiest Hair: Nora Lindahl, Tom Aga

Most Confused: Loretta Robles, Terry Lenhares

Most Innocent: Maryann Starika, Gary Dutra

Best Personalities: MaryLou Kingman-Ellen Peek, Mike Madrid

Best Legs: Teresa Toimil, Ed-

die August
Hairiest: Mike Peters
Most Friendly: Sue Gouveia, Mike Madrid

Most Talkative: Kathy Thomas, Dennis Boscacci

Most Gullible: Lori Rickey, Eddie August

Most Active: Patty Kaitz, Jeff Wood

Most Intelligent: Karelle Enchsoen, Tom Delfino.

Best Dressed: Marsha Hanson, Rick Becker

Cutest Couple: Janet Benedetto, Roy Wilson

Best Teachers: Miss Johnson, Mr. Cooke

Class Clowns: Nancy Ostler, Chris Nisperos

Most Sarcastic: Sherri Pon-

tes, Ed Conner.
Biggest Egos: Cathy Cadinha, Jeff Wood

Biggest Eaters: Sandy Wheeler, Mike Peters

Nicest Laughs: Judy Nunes, Bruce Raymond

Cutest Dimples: Karyn Brillisour, Kip Bettencourt

Shyest: Jean Neudorfer, Nick Marquart-Wes Tom

Most Mysterious: Heidi Wiegand, Sammy Furr

Biggest Klutz: Maureen Sphil, Keith Ball.

30 Years Later

It's Still The Same Old Class Of '72

The following story is entirely fictional. Any resemblance or similarity to those living or dead is purely coincidental.

After a five year delay due to lack of interest, the class of '72 finally held its 25 year reunion last night.

"Gee-whiz! It's still the same people who show up for everything. You'd think the other guys would get involved," claimed Miss Paty Waitzenwaitz, chairman of the event.

Jeff Good, publicity chairman and author of the book, "How to Gain Popularity", was also on hand. "We should have held this event in front of B-hall — just like my book says."

For nostalgia's sake, former activity director Cierra Jazz and her successor, Mr. Terry Free, chaperoned the event.

Miss Jazz, experienced at handling high-school extravaganzas, commented, "It's your reunion. If you get involved you can make it happen."

Serving the drinks and refreshments, Terry Couldcareless commented, "I can't wait for my 25 year reunion—it's only 15 years away!"

The bar was constantly manned by Tom Vodka and Dennis Likescotch. "It's almost like the old high school days," commented the latter.

Out on the dance floor, Miss Pamela Trust, was quite satisfied with the get-together. "This is the perfect opportunity to hand out my V.D. questionnaires!" she said, while handing one to Peter Strutman. He remarked, "Hasn't that been passed yet?"

Absorbed in conversation with Maureen Squeel was Kathy Talkon. "This party is so

neat and I'm surprised how little everyone's changed but I'm not really surprised because I did expect it but it is an outsize experience seeing everyone (even though it's not everyone) and I'm just going to blow my diet because I've eaten so much already, as a matter of fact, I . . ."

Mr. Ed Worthless spent the entire day politicking with Stanley Guruh. "I think we should move the White House to Europe—they have fantastic scenery. Would you care to see some slides from my latest visit there?"

"Far out," agreed Guruh.

Out on the patio Miss Marsha Dancin' instructed some ex-classmates in the latest dance steps. "I still can't get the snuffling and my arms just won't go straight," moaned Keith Ball.

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MR. COOKE and Ms. Johnson conduct their classes.

Seniors Select Johnson And Cooke As Favorite Teachers

By Camille White and Kathy Thomas

Why would the senior class name Ms. Frances Johnson and Mr. David Cooke as "Best Teachers?"

Mr. David Cooke
"He's easy to get along with, he doesn't get upset, he explains everything thoroughly and doesn't leave anyone behind," replied senior Judy Nunes, describing Mr. Cooke.

Mr. Cooke spends his day enlightening bewildered students of advanced math and

algebra in room B-11. He claims to do this "because I like to work with the educated young adult."

Besides playing trombone in the high school band, Mr. Cooke lettered in basketball, track, tennis, and football. He made the Wisconsin All-Star football team.

After high school, Mr. Cooke went on to earn a masters degree in math and bachel-

(continued on page 3, col. 3)

Seniors Are Anticipating Their Future



Sharon Ralston, talented CVHS soprano, plans to further develop her singing ability at Biola College in La Mirada California.

After three years in A Cappella and two years in Madrigals, Sharon will continue in the field of music at the interdenominational college.

With the aid of a California State Scholarship and a Music Scholarship from Biola, her expenses will be appreciably less.

At this time she is not sure as to the vocation she will pursue after her studies, but is considering a career as a music minister for a church or as a teacher.

Aspiring to pitch for a major league baseball team, Dan Kingman plans to attend Santa Clara College this fall.

The Spartan hurling ace foresees a possible career as a major league pitcher and, while at Santa Clara, will major in either political science or history. Dan hopes to earn a secondary teaching credential in the field of his choice, enabling him to later teach and coach a high school team if his dreams of pitching are not fulfilled.



Achaeon photographer Kerri Corley "pictures" photography in her future.

Taking photography at the beginning of this year, Kerri has developed into a fine photographer for both the Achaeon and Laconian staffs.

This summer Kerri will be teaching photography to those interested who are 16 years and older, under a program newly established by HARD.

This fall she will attend Chabot College taking general education courses for two years then transfer to San Jose State where she will major in photojournalism.

Draft lottery #27, Rick Anderson, will enter the active Air Force on August 25.

Currently a member of the Air Force Reserve until after graduation, Rick foresees a possible future in electronics.

After he has served his four years in active duty, Rick will either re-enlist or go to college to continue his studies in electronics or perhaps architecture.



Sue Hamby does not plan on college in her immediate future. Instead, she hopes to secure a job as a medical secretary.

Her interests in this particular occupation stems from the medical-legal secretarial course she took this year. This class is one of many offered in the Vocational Training Courses.

The training she received enabled her to apply for a job as a qualified medical secretary.



Mr. Wallace Williams consults with Achaeon Editor Ed Wortham.



Editorial

Thanks And Goodbye!

As Editor-in-Chief of the Achaeon, I would like to express thanks to all readers exposing their eyes to our "hard-worked-upon" newspaper.

Whether they have agreed or disagreed with some of our publications, that is their right. And as for what we publish, that is our free right.

In any case, I feel greatly privileged to publish words of our own choice. I also see the 18-year-old's newly acquired privilege to vote as a great opportunity of free choice. I hope our years here at school have taught us enough so we can

use our freedoms wisely.

I'd like to bring to your attention the newly chosen Editor-in-Chief of the Achaeon, Marcia McCune. Please welcome her and her staff for next year.

Mr. Wally Williams, the man behind the scenes, has advised another successful year of newspaper publication. A big thanks for his help.

Now! Goodbye! Thanks to students and teachers alike for their help.

Editor-in-Chief,
Ed Wortham



MR. WALLACE WILLIAMS consults with Achaeon Editor Ed Wortham.

Departments Cite

Standout Students

After long hours of deliberation, each academic area selected an outstanding senior.

The list is as follows:
Tom Delfino, math; Ron Loofburrow, instrumental music; Ed Martinez, art; John Martin, Spanish; Steve Van Gundy, science; Marsia Hanson, French; Pat Johnson, vocal music; Jeff English, industrial arts; Sue Gouveia, drama; Jennifer Severs and John Boynton, photography; Laura Fordyce, social studies; Ed Wortham, journalism; Mike Shetterly, Boys' P.E.; Peggy Spatz, Carol Holt, business education; Kathie Lorge, homemaking.

The outstanding seniors in activities are Patty Kaitz and Jeff Wood.

The outstanding seniors in academics are Karelle Enochsen and John Steinbuch.

The Achaeon

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Advisor: Mr. Wallace Williams

Class Of 1972: A Late Start, No Spartigras

turned in for consideration," was the dean's personal opinion. One skit Mr. Williams described as "cute" lamboned him and his staff as "Narcs".

Most of the show's writing wasn't begun until early May. Approximately 4% of the class was involved in the writing, and only 10% had anything to do with the entire show. When tryouts began, the real fiasco ensued. Some students wanted to re-write the whole script (in 1½ weeks.) Female seniors who demanded more female parts and then declined to try out for them were lambasted by Director Wood. "They were just too cool to try out", he quipped. Despite Jeff's efforts, chaos prevailed at nearly every rehearsal.

A talent show, to be held during the senior breakfast will replace the Spartigras. Sue Gouveia and Chris Nisperos are in charge.

Still a Chance to Get '72 Laconian

Laconians are still available in room B-8 for yearbook card holders who failed to pick them up on June 7.

Students who failed to purchase a yearbook card may still do so for \$8 in room B-8 if any are left.

Anyone who has paid his yearbook card fee in full can pick up The Spring Supplement at C.V.H.S. in September.

Spartan Spotlight

Journalism Is Way Of Life For CVHS Achaeon Advisor

Journalism has been a way of life for Mr. Wallace Williams, CVHS Achaeon advisor for the past 16 years.

His career in journalism began in his sophomore year of high school as a page editor for the Santa Maria Union High "Breeze". From that position, he rose to sports editor, and, in his senior year, editor-in-chief.

Upon graduating, Mr. Williams (fondly referred to by members of the staff as "Wally") signed up for the Air Force to secure the benefits of the GI bill. During his 13 months of service, he was stationed in Japan, preceding World War II. Even then, his thirst for news was partially quenched by his position as reporter for the regimental newspaper.

After he completed his time in the Air Force, Mr. Williams attended Fresno State College for four years where he earned his AB in journalism. He then earned his AB in English at San Francisco State in the next year and a half. After college, he served on various local newspapers and later wrote stories for a public relations firm. When questioned about his decision to become a teacher he stated, "There was more money in teaching then, than working on a newspaper."

Mr. Williams is now engaged in teaching mass media, beginning journalism, as well as serving as advisor for the Achaeon. While on sabbatical in 1970, he took Independent Study Courses and worked with Dr. John Gothberg, professor of journalism at Cal-State, on a mass media book.

Mr. Williams is married and has one son, a senior at Amador High in Pleasanton. Among his favorite pastime are reading the newspaper and gardening.

Girls Top at 4.0 GPA

What is the secret to earning a 4.0 grade-point average? Advice, rivalry and good study habits are the answers for Karelle Enochsen, Marsha Hansen and Sandy Ow-Wing, the top three students of the class of 1972.

"She is about as good as any student we have turned out at Castro Valley in science. To me, she is a very pleasing and creative person," replied Mr. Altmann when asked about senior, Karelle Enochsen, 4.0 student.

Karelle, past secretary, vice-president and president of CCF, is very active in science and mathematics. Besides being Castro Valley High's Bank of America plaque winner in science and mathematics, she has earned a merit award at San Francisco's Science Fair in biological sciences.

Who do you think helped you the most? "All of my teachers gave me encouragement and helpful advice. They all contributed equally (yet not similarly) in helping me to learn," answered Karelle.

Karelle is interested in canoeing, swimming, bicycling, needlecraft and most of all,

learning. Although she is undecided as to what her major and future occupation will be, Karelle plans to attend Cal-State, Hayward in the fall.

Sibling rivalry explains Marsha Hanson's 4.0 G.P.A. "My older sisters had always gotten good grades in school. I guess I tried a little harder."

Marsha, a member of the Pep Club and CSF, has been a varsity songgirl for the past three years. Besides these activities, she is interested in photography, snow skiing, and travel.

Photography was her favorite class, while advanced math she found most difficult. After high school, Marsha plans to attend San Jose College for two years. Here, she will major in biological sciences and later transfer to U.C. Medical School.

Preceding college, Marsha would like to go into lab technology or possibly research work.

"I'm just glad it's over!" exclaimed Marsha when asked about her four years at Castro Valley High.

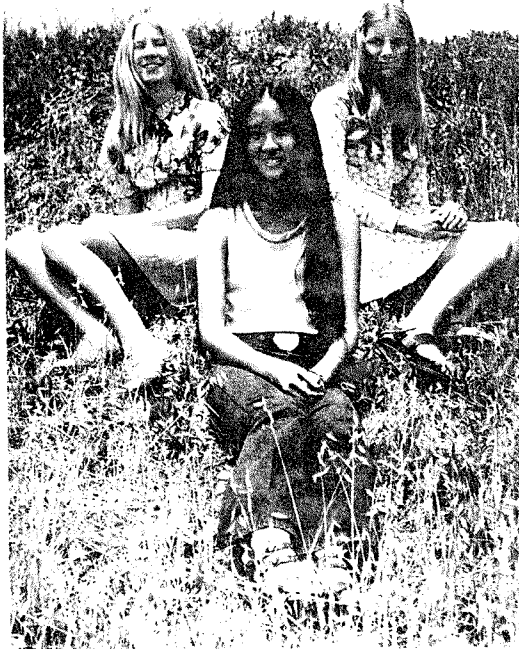
Maintaining good study habits is Sandra Ow-Wing's secret

to a 4.0 G.P.A.

Sandy, who was also a varsity songgirl for three years, has participated in many community and school activities. Among them are: for 10 years she has played piano in the National Guild of Piano, marched for the City of Hope, Cerebral Palsy, and the March of Dimes. She has also helped illustrate English manuals, participated in school clubs (CSF and Pep Club), was a delegate and page in nominations and conventions as well as a representative in Legislative Assembly.

In addition to being socially active, Sandy has received many awards. She has received \$100 and an engraved plaque for participating in the National Guild of Piano Auditions, a \$100 scholarship for Alumni Students at U.C. Berkeley, and was chosen Castro Valley plaque winner for the arts in Bank of America's competition. Later she went into zone competition and received a 2nd prize of \$100.

Sandy plans to go to U.C. Berkeley in the fall. She will major in illustrating.



KARELLE ENOCHSEN, Sandy Ow-Wing and Marsha Hanson are academically the top of the class of '72.

McGovern Sweeps Senior Poll

Although Governor George Wallace of Alabama was seriously injured by several bullet wounds while campaigning for the democratic presidential nomination in the state of Maryland on May 15, he drew no sympathy from Castro Valley High School seniors who were eligible to vote in the

June primary when they were asked in a senior poll who they would support in the state election.

He did, however, realize a sympathetic victory in the state. The primary is now over, but the poll, 65% of the 100 seniors who voiced their opinions chose Senator George C. Mc-

Govern as their favorite candidate for the nomination.

President Richard M. Nixon trailed far behind the South Dakota Senator as he followed in the poll with a distant 20% of the votes.

Senator Hubert H. Humphrey of Minnesota received only 6% of the votes while Governor Wallace and Senator Henry M. Jackson of Washington tied for fourth place with 2% each.

Only 4% of the polled seniors who were 18 or before the election date decided to remain neutral until the June 6 primary.

Since May was the prime campaigning month, several CVHS students and teachers took part in campaigns. Handbills, bumper stickers and buttons were distributed around the campus by staunch supporters from CVHS who were Headquarter Precinct workers.

Outside guests were invited after school hours to attend sessions to promote campaigning interests and students and faculty members assembled to hear the pros and cons of the candidates by the guest speakers.

CVHS Students Are Honored

Approximately 35 graduating seniors are recipients of various scholarships and special awards given by national and local service groups.

Three senior girls have attained the highest honors, a 4.0 grade point average. They are Karelle Enochsen, Marsha Hansen, and Sandra Ow-Wing.

The Bank of America trophy awards were given to: Karelle Enochsen, science and mathematics; Lourdes Pangelinan, liberal arts; Sandra Ow-Wing, fine arts; Jeff English, vocational arts.

Bank of America Certificate winners are: Ed Martinez, art; Patricia Johnson, music; Ed

Conner, foreign language; Steven Van Gundy, laboratory science; Carol Holt, business; Sue Gouveia, drama; Sandra Samuel, English; David Sudmeier, social studies; Thomas Delfino, mathematics; Joseph Lapenna, trades and industrial arts.

California Savings and Loan League award went to Patty Kaitz.

Independent Insurance agents of Hayward area Scholarships went to Patty Kaitz and Jeff Wood.

Readers Digest awards will go to Karelle Enochsen, Marsha Hansen, and Sandra Ow-Wing.

Nancy Cunningham received a third place for San Leandro Soroptimists Club Scholarship.

Summer scholarships to the Academy of Art will go to Teresa Toimil, Ed Martinez, Renn Reed, and junior Karen Elkins.

The following students have received various scholarships to different colleges: Sharon Ralston, scholarship Biola College; David Sudmeier, honors at entrance, Seattle Pacific College, Seattle Washington; Steve Van Gundy, American Chemical Society award for the most outstanding chemistry student of Castro Valley High School, 1972, manager of sound technician crew for the past two years; Rick Kinley, four year Army ROTC scholarship; Senior Ted Hodge earned the honor of acceptance at the U.S. Naval Academy-Annapolis.

'72 Rides Again

(continued from page 1)

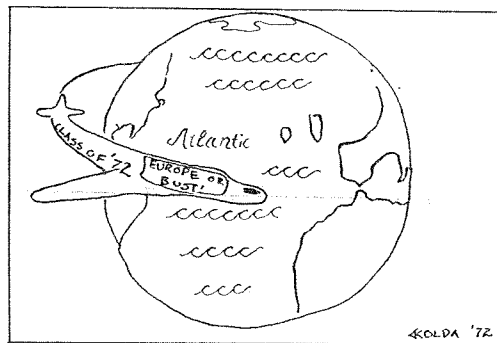
Chris Please-spare-us was also there. To Rick Heckler he asked, "Do you have a dirty picture of your girlfriend?"

"Certainly not!"

"You want to buy some?" Near the close of the evening, in walked John and George Finehook. George, a successful Madison Avenue Executive, apologized, "I had to pick my brother up from the monastery."

Also among the late arrivals were Ed Conjure and Lee Fail. Remarkd Mr. Conjure, "We weren't going to come, but we decided to honor you with our presence."

The reunion was a success to Patty Waitzenwaitz. "I'm so happy with how it turned out that I'm already planning our 50 year get-together!"



Seniors Plan Summer

By Robert Anderson

For some of the senior graduates of Castro Valley High, this summer they will probably spend the usual blase summer they have always encountered, but for some of our get-up-and-go graduates, things will be different. When asked, "What are your immediate plans for this coming summer?" senior graduates responded to the question this way:

Renn Rochelle Reed: I'm planning on going to the San

Francisco Art Academy, traveling, and maybe working.

David Campouris: Going to Europe.

Darlene Roehl: After graduation, I plan to go to Hawaii with one of my friends. I'll be there for about eight days. Then later, I will probably go camping in Lake Tahoe. In between I might work.

Marvin Soo Hao: Travel to Europe, and work. When I get back, visit national parks across the country.

Mary Lou Kingman: I am leaving June 18th for Europe on a study tour for five weeks.

Linda A. Lange: As soon as possible, I'm leaving this place and traveling back to my city—El Paso in Texas.

Julie Nunes: I am planning to go to Hawaii to live and possibly get married there.

Mark Greunker: Touring California playing golf in junior tournaments and working in golf shop.

Maureen Shipil: Last summer, I jet-setted to Europe and now I plan to go to Malibu and Tijuana. I think it will give me a chance to meet other people.

Bill Cabral: We are moving to Rohnert Park, Ca. in June. I plan to sail in the Ok Dinghy and El Toro North Americano, get a part time job or bum around all summer.

Katie Decker: Work, travel up north with my boy friend. Nothing fantastic. What can you do with money?

Johnson and Cooke Polled As 'Best'

Cont. from Pg. 1

ors in theology. He later moved to Belgium and earned a European diploma in religious psychology and anthropology.

Feeling that "service to others is very important", Mr. Cooke has also worked in the inner cities of Milwaukee and Detroit, participated in poor peoples and open housing marches, and is deeply involved in church work.

Ms. Frances Johnson

"By the time they're seniors, they are so eroded from four years of high school, that they happily accept any teacher who brings the Chronicle Sporting Green everyday," replied Ms.

Johnson about her recent victory as Best Teacher.

In nearly ten years of teaching, Ms. Johnson feels that her students have finally begun to educate her. She has learned the definitions of various words such as "wheelie" and "Mach 1", and has experienced a closeness between the graduating seniors and herself.

"They are all beautiful to the eye and brilliant to the mind," summed up Ms. Johnson about the students who have given her this "undeserved award."

"I can only say thanks to the seniors for all their kind thoughts," added Ms. Johnson.

Senior Ball, Picnic, Breakfast Memorable Events for Senior

The last and most memorable senior activities began tonight with the Senior Ball and will continue until graduation.

The newly-finished International Room of the Oakland Hilton Inn will be the spotlight of the annual Senior Ball. It will be held from 9:00 until 1:00 tonight. Musical entertainment will be provided by two groups, the Blue Mountain and the Tom Hammit group.

Monday, the seniors will be taking the day off to go picnicking at Crow Canyon Park.

The all-day picnic will start about 9:00 when the students will board buses to take them to the park. Several teachers will be going along to supervise.

Between 8:00 and 10:00 a.m. Tuesday, the class of '72 will be gorging themselves on ham and eggs at the Senior Breakfast in the cafeteria. At 10:00 they will begin practice for the graduation ceremony.

Thursday evening will be the conclusion of their high school life with the 1972 Commencement Exercises at 6:30 p.m. on the Spartan field.

Student speakers will be Karelle Enochson and Lisa Haulbrock. Karelle's speech will be "Man's Ego is the Fountainhead of Progress" and Lisa's will be "Old Memories and New Hopes."

C.S.F.

17 Earn Life Membership

By Nancy Wilkerson

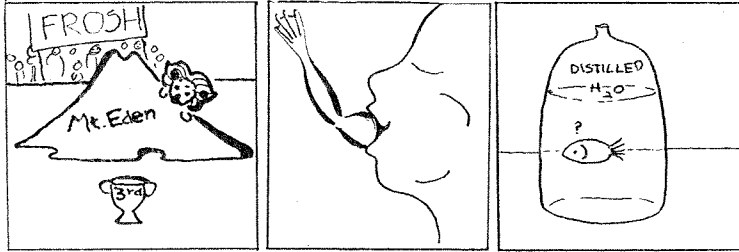
Seventeen graduates, all of whom are girls, will wear a gold cord on their green and white robes, and have a gold seal placed on their diplomas in recognition of life membership in the California Scholarship Federation.

This is the most life membership awarded since 1967.

Vicki Britt, Camille White, Karelle Enochson, June Gordon, Susan Gouveia, Marsha Hason, Patricia Kaitz, Cathy Kolda, Judith Nunes, Lourdes Pangelinan, Lorinne Rickey,

Maureen Shpil, Marianne Starika all received this scholarship and as Mr. Bergtholdt, a C.S.F. advisor, commented, "These girls have earned scholarships in high school which will help them all through their future education."

To earn a C.S.F. Life Membership, a student must have a 3.7 grade point average or better out of the last six semesters, one of which must be in the senior year. Most universities will accept with honors all students who have this gold seal placed on their diploma.



Senior Memories

Can You Remember When . . . ?

By Cheryl Ann Davis and Michelle Nunes

Approximately 720 days have passed since that catastrophic day when Castro Valley High School lovingly opened its arms to the class of "72". Herewith is a conglomerate of memories:

Remember when we Janned, prison stripes and became members of the CVHS student body?

Remember when Fr. I Flintstone and the Freshman Funnies took third place in the Sound Off-Rally? Rah!

Remember when we looded the Stagedoor Theater for the performance of Romeo & Juliet?

Remember when the girls were able to "turn-off" the boys by wearing pants to school?

Remember when Almond Roca made us Rich?

Remember when as sophomores we took third place in the Rally, again?! And the Yellow Submarine sank?

Remember when the Sophomore Class sported three members on the varsity football team and **WE** won the HAAL title?

Remember when the Backwards Formal was attended?

Remember when Drivers Education and cars were new to us and the teachers were monsters with handbrakes?

Remember when girls pants turned to boys' jeans and unisex became the thing?

Remember when classes such as science and superstition on yoga were worth a whole quarter of a credit as S.I.P. slipped into and out of our lives?

Remember when Mr. Jacks' frogs had too many fat bodies?

Remember when we came into our junior year climbing the ladder of life and taking a second place in the Rally? (the K) nights have it!

Remember when the red drawbridge floated away as Tennyson flooded our moat?

Remember when the re-run bombing of Pearl Harbor caught our attention as the U.S. History classes went to see "Tora, Tora, Tora."

Remember when Mr. Miller's distilled water bottle became the chemistry class aquarium? (Thanks Bill M.)

Remember when Mr. Hennessey took a "lick and a smell" of a dissection specimen?

Remember when open cam-

pus enabled our stomachs to eat again?

Remember when the "Ach-aeen" went pocket and the staff could no longer blame "Eddie" for all the mistakes?

Remember when Canyon won the Valley and the "dead chicken" ruled the field?

Remember when chemistry labs were done by "commit-tee"?

Remember when we were bored at our Junior Prom, but the seniors had fun?

Remember when "72" never did rule, thanks to the "Red Cross", and Lu-Lu's Bar & Grill went under the Showboat?

Remember when our football team achieved a perfect record—no wins!?

Remember when 18-year-olds were able to let go of the apron strings "legally"?

Remember when due to the mill-in, we stood in line three hours to talk to our counselors for five minutes?

Remember when you could walk through the biological habitat without opening a door?

Faculty Room Redecorated in Honor of Mr. O. S. Poppe

The faculty dining room is being redecorated as a living memorial in honor of the late Sherwood Poppe, C.V. teacher.

Working on the committee are Miss Squires, the chairman, Frank Poulson, Don Sobieski, Mrs. Toth, Mr. Turck, Mr. Moore and Mr. Wallace.

The faculty senate started the project off by painting the room on May 26 and removing the chalkboards.

This "living memorial" for Mr. Poppe will also include a plaque in his honor and two paintings of the well-known comics, Laurel and Hardy. These two characters were selected because of Mr. Poppe's great admiration for them. Over the summer, Mr. Poulson will paint these two pictures.

In addition, Mr. Moore and his vocational wood classes are now in the process of building round tables. The idea of these tables is to facilitate conversation among the teachers.

Mrs. Toth is working on a coat rack and bookshelves. Mr. Sobieski may make silk screen drapes and Mr. Turck will provide the room with plants.

"What we are trying to do is get away from the institution look and make lunch time more pleasant," remarked Miss Squires.

The Student Aid Society

a non-profit non-political organization which is unaffiliated with any other group and which aims to help students to help themselves offers

\$6 value **STUDY ABROAD**
 • New 19th Edition
 • Published by UNESCO
 • Paris, France 1972
 • Each copy is trilingual in English, French and Spanish

The most complete scholarship directory in the world lists more than 234,000 scholarships, fellowships, loans and grants in more than 129 countries or territories! Tells who is eligible, fields of study, financial assistance, HOW, WHEN AND WHERE TO APPLY! Reflects the latest scholarship approach costed by financial need!

\$1.50 value **VACATION STUDY ABROAD**
 • New 20th Edition
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 • Paris, France 1971
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More and more Americans are flocking overseas for summer vacations, and an increasing proportion is young Americans! With the price war now raging on overseas airlines, record-breaking numbers of young Americans will surge across Europe this summer! VACATION STUDY ABROAD tells how qualified people will go free! Provides information on short courses, seminars, summer schools, scholarships and travel grants available each year to students, teachers and other young people and adults planning to undertake study or training abroad during their vacations. These data were provided by some 500 organizations in 54 countries!

\$5 value **STUDENT AID SOCIETY membership dues. Services offered:**
 • Scholarship information service.
 • Answers questions concerning scholarships worldwide!
 • Travel service.
 • Plans interesting tours to exotic lands!
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Guest Editorial

Sports: Just A Myth?

By Bill Monsen

Being a senior at Castro Valley High School, I have been able to witness many things over the course of the last four years. Some of the things I have seen were good, but some of the things I just have to expose before I leave this great institution of higher learning and move out into the cold, cruel world. While I could write about many things, I feel that I should tell it like it is in the world of sports at CVHS.

Now, you may be saying to yourself, "Just who is this guy, blasting the athletic department at Castro Valley? What does he know about it?", and before you go throwing the whole newspaper into the circular file, I would like to prove to you that I'm not just some misinformed kid trying to fill space in the glorious *Achaeon's* sports page.

For the last four years, I have participated extensively in the sports program at CV, playing football and soccer on the varsity level. I also played basketball and baseball at Castro Valley. From this experience, I feel fairly proficient in my knowledge of the goings-on inside the boys' locker room.

Myths surround the sports world at Castro Valley. The first, and probably the most ludicrous of the lot, is the belief that all athletes are an unreasoning bunch of apes, unable to understand anything but the stinging crack of the coaches' proverbial whip, ready to die for the old alma mater. This isn't the case, I'm glad to say, with modern athletes, who respond better to reason than to the typical show of force used by many old-fashioned coaches. At many schools, the coaches are younger and better equipped to relate to and reason with the modern athlete. Even Castro Valley has a majority of modern coaches, but we still show of force used by many

have a few coaches right out of the old school of coaching.

These coaches, instead of reasoning with the boy, explaining why a certain drill is going to be done, and trying to understand the boy's point of view, just fall back on the old proven tactic of screaming at the boy until he submits. This type of maneuver, instead of making the boy more receptive and willing to listen, just embitters the athlete and makes him reject the whole point that the coach is trying to get across.

After three years of swallowing this garbage, I, like many other athletes, have become disgusted with the whole system and have decided that a little worthless hunk of cloth and dye, which is sacredly referred to as the "Block CV", just isn't worth all the physical and mental anguish which seem to be pre-requisite for receiving one.

Although the Constitution of the United States doesn't permit cruel and unusual punishment to prisoners, some coaches seem to think that making an adolescent run between one and one half and two miles worth of wind sprints in 90 degree weather after an already strenuous practice has just been completed isn't in any way cruel or unusual. Quite the contrary, they seem to think that by forcing you until exhaustion, you will become a better person. This is about the same reasoning as a doctor telling a patient with a migraine headache to hit himself in the head with a hammer, because then he won't feel the pain. In both cases, the reasoning escapes me.

Some coaches also think that sports will make a better individual out of you. This theory, although commonly accepted by many coaches, has been refuted by two noted psychiatrists who teach at San Jose State College that speci-

alize in analyzing athletes. The "shrinks" as they prefer to be called, believe that unless the boy is participating in a major part of the action, the only thing he can get out of sports is splinters from sitting on the bench.

The coaches that most readily accept the theory about athletics making you a better person out of you seem to think that besides making you mentally tough, sports will also make the athlete get better grades in school. These coaches believe that when a youngster dons a jock strap for the first time to engage in high school sports, a strange metamorphosis overtakes the combatant, transforming him from a not so bright lower-class primate into a well-organized, conscientious, and capable student, ready to capture "A's" in every subject.

As an observer of sports, however, I can see that in certain cases, the exact opposite is true. Take, for example, the case of John Jones, fictitious first year athlete. John, although just a mediocre performer in the classroom, visions himself as a superstar on the gridiron, and with these thoughts in his head, he thinks that he can cut classes, not do any homework and be an all-around pain in the neck for everyone involved, and that his athletic prowess will carry him throughout life. How sadly John is mistaken when, three years later, he takes his college entrance exams and finds out how little he knows. He can't tell the colleges that he made all-league in three sports and couldn't they just forget the scores and he'll do better in college.

Does this article sound like sour grapes, coming from an over-the-hill athlete, out to take a last shot at his old coaches? Perhaps it is. But, I ask you, is it a pack of barefaced lies, concocted for shock purpose only? I think not. I just hope that sports can improve more than they did during my four-year stretch at Castro Valley. I just hope so, for the sake of sports itself and for the sake of the athletes, if nothing else.



C.V. SENIORS' favorite coaches are (l. to r.) Mr. Larry Wilburn (wrestling), Mr. Dale Berven (Athletic Director, Track) and Mr. Norm Guest (Track, Cross Country).

Seniors Pick Favorite Coaches

Every senior boy has his favorite coach and/or P.E. teacher, but in a recent survey conducted by the *Achaeon*, Dale Berven, Larry Wilburn, and Norm Guest were chosen as the seniors' most admired coaches.

Mr. Berven has been at Castro Valley since the late 1950's, and has coached many sports, primarily track and football. He has served as athletic director for several years. When asked why he likes Coach Berven, Rich Kinley remarked, "He doesn't treat me like a little child." Peter Putnam added, "He relates very well to the students."

Mr. Guest, like Coach Berven, is a veteran of the Castro Valley coaching staff. Concentrating on cross country and track, Coach Guest has led the Spartans to numerous recent HAAL championships in these sports. Bill Cabrall says of Coach Guest, "When he tells you to do something, you do it. I respect him." Mr. Guest also teaches typing.

Coach Larry Wilburn, a newcomer to CVHS, has captured the heart of many a senior boy. Popular because of his policy of fewer demands on the students, Coach Wilburn has taken over as the varsity wrestling coach, leading the grapplers to this year's HAAL championship. Nick Marquardt commented, "Coach Wilburn doesn't hassle anybody."



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Reflections Of My Years In High School
There have been many interesting times of boredom and excitement. Several people have helped me, and I'd like to thank all of them. I have learned about optimism. Realizing thank off them. I have learned about optimism. Realizing seniors who are going out and trying to make this world a better place to live in. We've had some good times. Thanks to all.

By Jeff Wood

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Outstanding Athletes



Steve Thomsen

Football

Steve Thomsen has been named the outstanding senior football player for the 1971 season. Steve provided the Spartan defense with jarring tackles and last minute interceptions. On offense, Steve made many superb catches and displayed an outstanding amount of effort running out of his tight end position.

Thomsen was a co-captain along with senior Doug Wayne this year and gave the Green Machine an ample amount of pep talks to prepare the Spartans for the upcoming game.

Steve is also a recipient of the Herculean Award. This award is given to a senior athlete with seven or more varsity letters.

Steve's older brother, Dennis, who graduated in 1970, was also a recipient of the Herculean Award.



Tom Delfino

Cross Country

Dedicated harrier Tom Delfino was the most consistent varsity runner during the HAAL Championship cross country season, and was voted by his teammates as being "the most valuable runner".

Leading quietly, fellow distancemen followed Tom's example of working out hard, even in 110 degree smoggy weather. Tom went out for cross country four years, and in his junior year he made the varsity squad. He improved rapidly over the summer vacation by running.

Tom earned a brilliant academic record throughout high school (3.8 GPA). When asked what his future plans are, he replied, "I plan to serve four years of active duty in the Air Force after high school". He placed eighth on the all-time 3 mile home course list with a time of 16:46.



Ron Jones

Wrestling

Ron Jones, the mainstay of the wrestling team this year, has received another honor for his grappling ability, as he was chosen as top senior wrestler.

As only a sophomore, the rugged Jones ventured into the world of the mat and gained a varsity letter. During his junior year, he continued his improvement and grabbed the whole ball of wax at the end of the year by advancing all the way to the summit, the state meet. This year, wrestling at 175 and 191 pounds, Ron had an almost unbelievable record, amassing 30 wins while being defeated only twice, and going undefeated in league competition.

Next year, Ron plans to attend Chabot College, and after two years he wants to transfer to Arkansas to become a rough Razorback wrestler.



Mike Kury

Soccer

Mike Kury has come to enjoy participating in the fast-moving game of soccer during his ten years of experience and is planning to play professionally.

Mike was awarded the title "most valuable player" on the Spartan team while scoring 17 goals at his inside left forward position. In 1968, he moved from Israel to the United States.

This winter Mike performed a vital role in leading Castro Valley to an HAAL Championship record of 12 wins and no losses. He was satisfied by "getting his kicks" when playing soccer.

Two months ago he was selected to play on the Alameda-Contra Costa All-Star team to compete against an All-Star team from Germany which came to tour California. Mike said, "The team I was on lost, but it was a good experience."



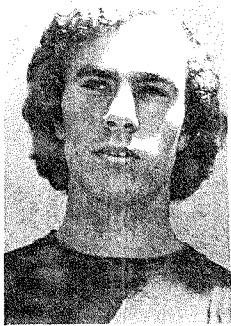
Lee Vail

Basketball

Lee Vail, Spartan forward, earned his starting position on the varsity cage squad primarily because of his rugged rebounding ability and his excellent shooting.

Forwards around the league respected Lee and were hesitant to drive against him as he is a remarkably adept defensive player. Lee scored 18 points against the Arroyo Dons, but this performance was not just a freak accident as he scored 16 and 14 points on two other occasions. Lee was also the top rebounding forward on the team.

Of Lee, his admiring teammate Bob Koury said, "As a senior, Lee was a pacesetter both on and off the court for me and the other underclassmen." Al Oppenheim, junior guard, added, "Besides being a fine basketball player, Lee possesses leadership qualities extraordinary."



Bill Andrews

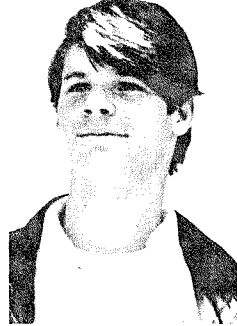
Track

Pole vaulter Bill Andrews was not only the outstanding senior but the outstanding member of this year's track team.

With two vaults of 14'0" (4th best in the Eastbay all-time), he has the second best vault in the Eastbay this season, and is only one inch behind the leader. In the recently completed North Coast Divisions I Finals, he finished second, clearing a disappointing 13'0". Look for him to bounce back in the North Coast Finals and in the State Track Meet.

Many years of diligent practice have paid off for Bill, as he was chosen Outstanding Field Performer in the Castro Valley Invitational Meet, clearing 14'0", and narrowly missing thrice at 14'3".

Andrews plans to attend Chabot College, and his immediate goal is to clear 15'.



Mike Gahagan

Tennis

"My mom needed someone to play tennis with her," was Mike Gahagan's reply when asked how he became involved in the sport.

Mike, who has been a veteran of the Castro Valley varsity tennis team for three years is the third best player in the HAAL. He started his career as a sophomore, developing skills the summer before by practicing with his mother. In his junior year, Mike held a record of 12-8; as a senior, his record was 16-4.

When asked if he would continue to play tennis in the future, Mike said, "I hope to go to Chabot and play for them, but they have a good returning team."

As for Mike's future, he plans to become a millionaire. How? By inventing a new tennis ball that only his opponent can't see.



Mark Greunke

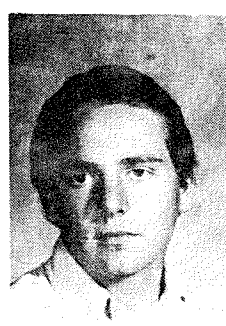
Golf

Mark Greunke has devoted most of his life to golf, and that devotion has paid off fruitfully for him, especially this year.

C.V.'s number one man for the past two years, Mark finished second in the recent HAAL Championships, assuring him of All-League status for the second consecutive year. He also won the DVAL Invitational title, shooting a 78 and beating 125 other linksters from 21 schools.

Dedication is needed for perfection, and dedication is what Greunke has. He is a very frequent patron at Willow Park Golf Course and holds down a job at Dougan's driving range, where he also gets some practice in.

Mark plans to attend Chabot College next year and has aspirations of being a professional golfer.



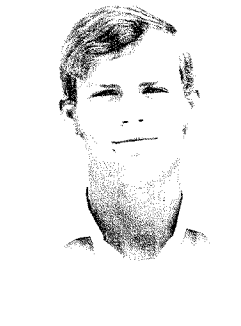
Todd Shacklock

Swimming

Todd Shacklock hasn't been far from water in his four year stint at Castro Valley, and for this reason, the sports staff has chosen him as the outstanding senior swimmer.

As only a freshman, Todd showed that he was ready for the big time in swimming, for he gained a well-deserved varsity letter. This same pattern was evident during the next two years; Todd Shacklock helping the Spartans finish high in the standings. This year, as a senior, Todd became a leader-of-sorts, always having an encouraging word, steadying young mermen, and lending a helping hand to first-year coach, Steve Spinola.

The hard-stroking Shacklock, a versatile tanker, is capable of scoring points in a number of events. In the Mt. Eden meet, Todd's skills were in great demand, and he came through with flying colors, scoring points in three events.



Dan Kingman

Baseball

Dan Kingman, Spartan ace hurler not only led the HAAL in strikeouts, but he led the Castro Valley nine in hitting as well.

Either one of these feats by itself would be enough to qualify him for the honor of outstanding senior baseballer. Dan often came through with a clutch hit in the late innings of a close game, and gave the team the incentive they needed to finish the game in high spirits. He was awarded the victory for two-thirds of the Spartan league wins as a pitcher.

Dan hopes to become a professional ballplayer, hopefully as a moundman. He will attend the University of Santa Clara in the fall, where he will further pursue his career in baseball.